

HELPING DELIVER A SPEECH IN A MORE ORGANISED WAY.

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These expressions are used to introduce, emphasize, or transition between ideas in discussions, making the language sound more sophisticated and structured.

1. Regarding

"Regarding social integration, sports provide a common platform for interaction."

2. With respect to

"With respect to international relations, sports can help foster peace."

3. As for

"As for teamwork, sports are excellent for developing collaboration skills."

4. Speaking of

"Speaking of physical health, regular participation in sports has clear benefits."

5. When dealing with

"When dealing with personal development, sports can build confidence and resilience."

6. On the subject of

"On the subject of community building, local sports clubs are highly effective."

7. From the perspective of

"From the perspective of young people, sports offer a fun way to stay fit and social."

8. In connection with

"In connection with national pride, sporting success can boost a country's morale."

9. With regard to

"With regard to discipline, sports require dedication and self-control."

10. In the context of

"In the context of education, sports can complement academic learning by teaching life skills."

11. It's worth mentioning that...

"It's worth mentioning that not everyone enjoys competitive sports."

12. The thing is...

"The thing is, sports go beyond physical exercise—they help build character."

13. What I mean is...

"What I mean is that sports encourage discipline and perseverance."

14. Generally speaking...

"Generally speaking, people agree that sports improve both mind and body."

15. One could argue that...

"One could argue that sports bring more benefits than other social activities."

16. At the end of the day...

"At the end of the day, sports are about more than just winning."

17. As far as I'm concerned...

"As far as I'm concerned, sports are essential for personal development."

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